# Nantwich Neptune Lifesaving Club Symmet Newsletter 2025



As we say goodbye to another sunny summer term, we just want to send a big thank you to all our wonderful lifesavers and their families. Your support, smiles, and enthusiasm have made this term one to remember!

Our Summer Sport Splashdown was a brilliant way to end the year—full of fun, laughter, and lots of splashing! We hope everyone had a fantastic time and felt proud of all they've achieved.

As the summer holidays come to a close and the warm weather continues, we encourage all our families to enjoy water safely—whether you're at the beach, pool, or paddling in the garden. A little care goes a long way in keeping everyone safe and happy.

Looking ahead to next term, we've got some exciting things lined up. The Club Competition 2025 is finally happening, and we can't wait to cheer everyone on. There'll also be plenty of chances to earn new badges with award assessments, so keep your goggles ready and your goals high!

There's lots more news and dates to share, so make sure to read the rest of the newsletter to stay in the loop.

Keep safe, and we'll see you all on

6th September 2025 for the start of the autumn term!

Em and Liam

## Annual Club Competition

#### Saturday 15th November 2025 6pm - 9pm

We're thrilled to announce that our Club Competition is back this November—and we can't wait to see our lifesavers in action!

For those who haven't taken part before, this is a chance to compete against others in the club who are working towards the same level of award. Whether you're aiming for Rookie Lifeguard Bronze, Silver, Gold, or working through the National Lifesaving Academy, there's a category for everyone. And for the boldest among you—there's even the National Championships class, if you fancy taking on Warren!

This isn't a race—it's a test of skill. The focus is on performing your lifesaving techniques with confidence and accuracy, just like we practise every Saturday morning.

Trophies will be awarded for 1st, 2nd and 3rd place in each category, so polish up those skills and get ready to shine!

If you were a winner last time, please bring your trophy back in September so we can get them ready for the next round of champions.

# Rookie Lifeguard Winter Water Safety Award

We're excited to share that 28 of our Rookie Lifeguards are now eligible to complete the RLSS UK Rookie Lifeguard Winter Safety Award this term!

This award is a brilliant way to learn how to stay safe around water as the colder months roll in. It's assessed through a fun and informative workbook and quiz, which we'll be sending out later this term.

We might hold off for a few weeks though—after all, the sunshine's still with us, and we want everyone to enjoy the last of the summer before we start thinking about icy lakes and chilly swims!

Keep an eye out for more details soon, and get ready to boost your lifesaving knowledge with some top winter safety tips.





# Canal & River Trust Explorers Challenge Badge

This summer we asked you to complete tasks for the Canal & River Trust's Explorers Challenge Badge. All you needed to do is complete 4 fun activities.

You could choose your activities from the lists on the Canal and River Trust website, or come up with your own ideas:

canalrivertrust.org.uk/explorers/scouting -and-guiding/challenge-badge

To get you started, the puzzles in The Amazing Adventures of the Explorers and Curious Aliens counted as one of your tasks.

To gain your badge, we need to see what you have been up to, but we haven't received any emails yet! Please send us your photographs to: NantwichLSC@outlook.com

Badges will be awarded in September when we return to the pool.

### Symmen Sports Splashdown Event

Our first-ever Summer Sports Splashdown Event made a big splash—and we couldn't be prouder of our lifesavers!

Designed to be inclusive, uplifting, and packed with excitement, the event brought together children from across the club for a morning of spirited competition and unforgettable camaraderie.

From the very first whistle, it was clear this wasn't just about winning—it was about connection. Teams formed from children who had never worked together before quickly bonded, cheering each other on and showing incredible support. The atmosphere was electric, and the skills on display were nothing short of inspiring.

Every participant received a medal and a special certificate to honour their unique contributions:

- **Teamwork Champions:** Awarded to the team that demonstrated the strongest unity and collaboration.
- **Splash Superstars:** For showing the most energy, spirit, and enthusiasm in the water.
- **Brave Hearts Team:** Awarded to the team that showed the most courage and determination.
- **Positive Vibes Crew:** For always cheering each other on and lifting everyone's spirits.
- **Neptune Spirit Award:** For best embodying the club's values: teamwork, safety, fun, and respect.
- **Creative Thinkers Team:** For solving challenges in inventive and clever ways.
- **Support Squad:** For showing exceptional care and support toward each other and other teams.
- **Rescue Rangers:** For showing outstanding rescue technique and teamwork in lifesaving scenarios.
- **Cool Collective:** For staying calm, collected, and making smart decisions in challenging events.

The day was a true celebration of everything our club stands for; teamwork, resilience, and fun. We're already looking ahead to next year's Splashdown, where we'll be introducing exciting new lifesaving races and even more ways to shine. Until then, thank you to every child, parent, and instructor who made this event so special. Here's to many more moments of courage, laughter, and splashing success!







# Easy fundraising

Easy Fundraising turns your everyday online shopping into funds to support our club. When they use the Easy Fundraising website or app to shop with leading retailers, the retailer sends a free donation at no additional cost. It is really simple to set up, and we are already starting to see money coming in.

If you use this link to sign up, once you have raised £5, we receive an additional bonus £5, for free!

https://shorturl.at/Lxra2

We now have 8 supporters, and they have raised over £179.80 between them!

Thank you so much!

## Update personal details on OCM

To ensure smooth communication and accurate record-keeping, all members must update their personal details on Online Club Manager. This system is essential for managing registers, sending updates, and tracking awards—so it's vital that your information is current.

Once you've reviewed and confirmed your details, you must click the confirmation button at the top of the screen to show that your information is correct and up to date.

- If you've forgotten your password, use the password reset link on the login page.
- Still having trouble? Let us know and Liam will reset your account for you.

Thank you for helping us keep everything running smoothly and efficiently

#### A huge welcome to Jade and Claire

Following our recruitment drive earlier in the year, Jade and Claire completed their theory training for their Assistant Lifesaving Instructor course, and they also completed their Safeguarding and Life Support 3 courses. This term they will be joining us on poolside as part of our Instructor team.

#### Meet Jade

Some of you may already know me as I've helped with little jobs from giving out tops and jumpers to selling cakes and making sure forms for competitions have been completed.

I've been there most Saturdays watching through the window as my own 2 take part in learning new skills.

My children asked me if I would help out one day so we had something to share together on a Saturday morning so I couldn't say no!

Nantwich lifesaving group I think it's a great way of giving back to the community and being part of a club that welcome you with open arms!

## Please check your emails

Please check you are receiving our emails, as it seems some of our emails are ending up in your junk box! Our emails are send through Online Club, and will come from

#### NantwichLSC@outlook.co.uk

The most recent email sent asked you to let us know if you aren't returning in September, so that we can offer your place to someone on our wating list. Please let us know asap if we won't see you on the 6<sup>th</sup> September 2025.



