

# NANTWICH NEPTUNE LIFESAVING CLUB

## BEHAVIOUR POLICY FOR JUNIOR MEMBERS

### INTRODUCTION

Nantwich Neptune Lifesaving Club is a friendly, caring club that wants members of all abilities to have a good time and improve their life saving skills. We also recognise our part in helping children understand what we mean by acceptable behaviour, during their journey to adulthood.

However Nantwich Neptune Lifesaving Club is run by volunteers who help and teach in their own time. Instructors and volunteers who are giving up their free time will only continue to do so if they feel that the members are paying attention, following the rules, and are polite and respectful.

Equally Nantwich Neptune Lifesaving Club expects the instructors, parents and volunteers to also follow the rules and be polite and respectful.

Nantwich Neptune Lifesaving Club do not tolerate abusive behaviour or violence towards anyone.

**The following Code of Conduct is in place for all sessions to ensure the above:**

- 1) If poor behaviour is witnessed by an instructor a **verbal warning** will be issued.
- 2) If the poor behaviour continues the offending member will be asked to **sit out**. It is at the instructors' discretion as to the length of time (maximum 10 minutes).
- 3) If the poor behaviour continues again, after the member has returned to the activity, then they will be asked to leave the session, and parents will be contacted.
- 4) If the poor behaviour continues during further sessions, the management committee will decide next steps to try and correct the behaviour, or as a last resort decide on **expulsion** if necessary.
- 5) A member can appeal against an expulsion in writing or in person with their parent/s at a Committee Meeting. The decision of such Committee will be final.
- 6) In extremely serious circumstances the management committee reserve the right to alter the above procedure and suspend or expel if necessary.

## CODE OF CONDUCT

All members of Nantwich Neptune Lifesaving Club must:

- Put the well-being, health and safety of other members first.
- Don't discriminate.
- Respect each member.
- Do not encourage other members to violate the rules of the club.
- Observe the authority and the decisions of all officials at competitions.
- Follow the pool rules both in and out of the water.
- Be kitted up and ready to start any session.
- Treat other competitors and teams with respect, in victory and defeat.
- Listen to the Instructors carefully, and follow their instructions.
- Avoid any actions that might cause hurt (emotional or physical) or endangers you or others.
- Changing rooms are to get showered and changed in – not for messing about in.
- Do not show aggression to another member or an instructor.
- Members should report any incident or damage to a Management Committee member.
- When representing Nantwich Neptune Lifesaving Club, only the highest standards of behaviour will be accepted.
- Members should try at all times to be supportive of other team members and the Instructor.

## GOGGLES

Goggles may be worn, but at your own risk. Club members should be able to perform aquatic skills without if necessary.

## DIVING

- Diving should only take place where and when instructed to do so.
- There is a risk of ear damage when diving to depths greater than 1.5 metres.
- Club members dive at their own risk.

## LIFTING, PULLING AND PUSHING

There is a risk of injury, particularly back injury, when carrying out some rescues. Club members will be taught good lifting techniques, but perform these activities at their own risk.

## REPORTING INCIDENTS

All parents and members are encouraged to informally report incidents to the coach (or another committee member).

Should a member or parent feel that a verbal complaint is not sufficient, they can write a formal complaint to the Management Committee (care of the Secretary).

The Management Committee will investigate the complaint, gain statements and discuss the findings within Committee and then decide the course of action to be taken.

A formal response will be made to the complainant both in writing and in discussion.

As a club, we want to try to deal with all matters before they become serious, we want all members and parents to discuss any issues however small they seem with an instructor or other committee members as appropriate.

Thank you for your support.